

2019 MIAC Women's Outdoor Track & Field Regional and National Awards

ATHLETIC HONORS

2019 MIAC Women's Outdoor Track and Field All-Americans

Name	Institution	Class	Event	Finish	Previous Selections
Hannah Sankey	Bethel	So.	4x400 Relay	4th (03:46.81)	2018
Delia Labatt	Bethel	Jr.	4x400 Relay	4th (03:46.81)	2018
Corin McKinstrey	Bethel	Jr.	4x400 Relay	4th (03:46.81)	--
AddieKay Johnson	Bethel	Sr.	4x400 Relay	4th (03:46.81)	2018
Gabrielle Brown	Hamline	Sr.	100-Meter Hurdles	5th (00:14.06)	2018
Jessie Juenemann	Hamline	Jr.	Discus	8th (144-10.00 - 44.15m)	2018
Phoebe Aguiar	Macalester	Sr.	800 Meters	4th (02:10.61)	2018
Mallory Adamson	St. Thomas	Sr.	400-Meter Hurdles	6th (01:01.25)	--
Steph Kretlow	St. Thomas	Jr.	Long Jump	3rd (19-08.25 - 6.00m)	--

2019 MIAC Women's Outdoor T&F USTFCCCA All-Central Region Team

Name	Institution	Class	Event	Previous Selections
AddieKay Johnson	Bethel	Sr.	4x400 Relay	2018
Sadie Koelz	Bethel	So.	Pole Vault	--
Delia Labatt	Bethel	Jr.	400 Meters	2018 2017
Delia Labatt	Bethel	Jr.	4x400 Relay	2018
Corin McKinstrey	Bethel	Jr.	4x400 Relay	--
Corin McKinstrey	Bethel	Jr.	400-Meter Hurdles	--
Hannah Sankey	Bethel	So.	4x400 Relay	2018
Amanda Mosborg	Carleton	So.	5,000 Meters	--
Samantha Schnirring	Carleton	Sr.	10,000 Meters	2018
Katie Keelin	Gustavus	Jr.	Hammer	2018
Annalee Olson-Sola	Gustavus	Fy.	Javelin	--
Briana Berninghaus	Hamline	Jr.	200 Meters	--
Gabrielle Brown	Hamline	Sr.	100-Meter Hurdles	2018
Helen Dolan	Hamline	So.	800 Meters	--
Madeline Dopp	Hamline	Sr.	Steeplechase	--
Jessie Juenemann	Hamline	Jr.	Discus	2018
Jailyn Robinson	Hamline	Fy.	100 Meters	--
Jailyn Robinson	Hamline	Fy.	Long Jump	--
Phoebe Aguiar	Macalester	Jr.	800 Meters	2018
Rachel Ohde	Saint Mary's	So.	High Jump	--
Elisabeth Dalki	Saint Benedict	So.	Pole Vault	--
Jenna Degen	Saint Benedict	Sr.	Heptathlon	2017
Morgan Pierce	Saint Benedict	Sr.	10,000 Meters	2018
Lee Stelten	Saint Benedict	Jr.	Pole Vault	2018
Bryana Leverentz	St. Catherine	Fy.	Javelin	--

Elsie Lundquist	St. Catherine	So.	High Jump	--
Tori Thompson	St. Catherine	Sr.	Long Jump	2018 2016
Lisa Fisher	St. Olaf	Jr.	Steeplechase	--
Bryony Hawgood	St. Olaf	Jr.	5,000 Meters	--
Bryony Hawgood	St. Olaf	Jr.	10,000 Meters	--
Mackenzie Schoustra	St. Olaf	Jr.	Heptathlon	--
Paige Woldt	St. Olaf	So.	Triple Jump	--
Mallory Adamson	St. Thomas	Sr.	400-Meter Hurdles	2018
Grace Bordson	St. Thomas	Sr.	High Jump	2018
Steph Kretlow	St. Thomas	Jr.	Long Jump	--
Kendall Novak	St. Thomas	Sr.	Pole Vault	2018 2017
Sidney Severson	St. Thomas	Sr.	High Jump	--

ACADEMIC HONORS

2019 Google Cloud Academic All-America Track & Field/Cross Country Team

Name	Institution	Class	Hometown High School	Major	GPA	Previous Selections
Phoebe Aguiar	Macalester	Sr.	Prairie Village, Kan. Shawnee Mission East	Environmental Studies	3.60	--

2019 Google Cloud Academic All-District Track & Field/Cross Country Team

Name	Institution	Class	Hometown High School	Major	GPA	Previous Selections
Phoebe Aguiar	Macalester	Sr.	Prairie Village, Kan. Shawnee Mission East	Environmental Studies	3.60	--
Marie Morrier	St. Catherine	Sr.	Hudson, N.H. Academy for Science and Design	Exercise & Sport Science Physical Therapy	3.97	--
Morgan Pierce	Saint Benedict	Sr.	Mandan, N.D. Saint Mary's Central	Biology	3.79	--

2019 MIAC USTFCCA Women's Track & Field All-Academic Team

Name	Institution	Class	Hometown High School	Previous Selections
Delia Labatt	Bethel	Jr.	Cushing, Wis. Grantsburg	2017 2018
Corin McKinstrey	Bethel	Jr.	Pella, Iowa	--
Grace Perrenoud	Bethel	Fy.	Sioux Falls, S.D. Sioux Falls Christian	--
Hannah Sankey	Bethel	So.	Plover, Wis. Stevens Point Area	2018
Grace Scott	Bethel	Fy.	Victoria, Minn. Southwest Christian	--
Sam Schnirring	Carleton	Sr.	Eden Prairie, Minn.	--
Josie Herrmann	Concordia	So.	New Prague, Minn.	--
Cayle Hovland	Concordia	Fy.	Willmar, Minn.	--
Jacey Schlosser	Concordia	Fy.	Dalton, Minn. Ashby	--
Josie Blake	Gustavus	So.	Waukegan, Ill.	--
Katie Keelin	Gustavus	Jr.	Burnsville, Minn. Eagan	2017
Sara Moen	Gustavus	So.	Blaine, Minn.	--
Annalee Olson-Sola	Gustavus	Fy.	Northfield, Minn.	--
Abigail Schnabel	Gustavus	Sr.	Hamburg, Minn. Central	--

Bailey Van Den Heuvel	Gustavus	Sr.	Mondovi, Wis.	--
Briana Berninghaus	Hamline	Jr.	Montgomery, Minn. Tri-City United	2018
Helen Dolan	Hamline	So.	Holliston, Mass.	--
Jessie Juenemann	Hamline	Jr.	Two Harbors, Minn.	2017
Lillie Olson	Hamline	Fy.	Littleton, Colo. Bear Creek	--
Phoebe Aguiar	Macalester	Sr.	Prairie Village, Kan. Shawnee Mission East	2017 2018
Jenna Degen	Saint Benedict	Sr.	Gull Lake, Minn. Brainerd	2017 2018
Morgan Pierce	Saint Benedict	Sr.	Mandan, N.D. Saint Mary's Central	2018
Kaylea Hoenigschmidt	St. Catherine	Sr.	Ramsey, Minn. Anoka	--
Lauren Isaacson	St. Catherine	Fy.	Faribault, Minn.	--
Elsie Lundquist	St. Catherine	So.	Pine City, Minn.	--
Makenna Ash	St. Olaf	Sr.	Ellison Bay, Wis. Gibraltar	--
Lisa Fisher	St. Olaf	Jr.	St. Paul, Minn. Henry Sibley	--
Johanna Glaaser	St. Olaf	Jr.	Northfield, Ill. New Trier	--
Bryony Hawgood	St. Olaf	Jr.	Harare, Zimbabwe Arundel	--
Mallory Adamson	St. Thomas	Sr.	Rochester, Minn. Lourdes	2018
Grace Bordson	St. Thomas	Sr.	Hutchinson, Minn.	2017 2018
Claire Chell	St. Thomas	Fy.	Des Moines, Iowa Roosevelt	--
Steph Kretlow	St. Thomas	Jr.	Owatonna, Minn.	--
Kaitlyn Marciniak	St. Thomas	Sr.	Ham Lake, Minn. Blaine	2018
Anna Smith	St. Thomas	Jr.	Chaska, Minn.	2017

MIAC AWARDS

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